

Wanting Nothing

By Helen Hill



What do you want?

Nothing.

Is nothing the lump in your throat?

Is nothing the tension in your body?

Is nothing the hollow sadness in your eyes?

What is nothing?

What do I want?

Everything.

I want to take away the lump in your throat.

I want to take away your tension.

I want to remove your sadness.

I want to know you.

What is everything?

Everything is you:

Your eyes, your hand, your heart, your mind, your touch.

Everything is me:

My soul, my heart, my mind, my touch.

If we take the risk we might gain everything.

If we don't take the risk we are sure to gain nothing.

Is nothing what you really want?